

# revive

*Welcome to your wellness journey*

How to inject



How to reconstitute



[www.revivewithme.com](http://www.revivewithme.com)



[@revive.withme](https://www.instagram.com/revive.withme)

# What's next?



1

If in powder form, reconstitute using instructions on box DO NOT TO SHAKE ME!\*\*\*\*\*  
Scan QR code for how-to video

2

If in liquid form or once reconstituted, place in fridge until ready for injection. Make sure fridge stays cool at 32\*

3

Prep injection site with alcohol swab.  
Note common SubQ injection sites are upper arm, stomach, glute, or upper thigh

4

Inject # of units directed & place vial back in fridge!  
Hint: see dosing guide for how many units

Be PATIENT and enjoy the results!  
You can reach us at  
[hello@revivewithme.com](mailto:hello@revivewithme.com).

We also love hearing your WINS,  
so please share those with us too!



# Medication Care ♦

## Warning Signs

Typically, peptides should be kept in the refrigerator, however they can be out of the fridge for up to 7 days.

### Signs and Symptoms of Low Blood Sugar

Shakiness or  
tremors

Sweating rapid  
heartbeat

Irritability or  
confusion

Dizziness or  
lightheadedness

Hunger

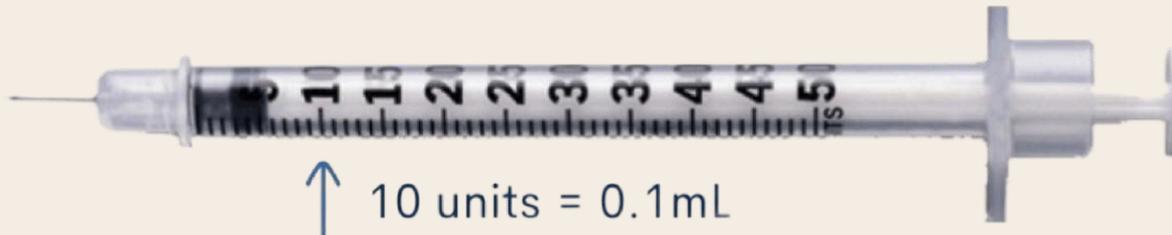
### Immediate Contraindications of GLP1s

Clients with MENS Type 2, pancreatitis, gallbladder disease, cancer, diabetic on insulin are NOT candidates for Revive Peptides.

*\*\*Upcoming surgical candidates MUST inform surgeon and anesthesiologist of peptide use - risk of aspiration from stomach to lungs.\*\**

# How to:

Read  
International  
Units (I.U.s)



- 1 Follow the recommended dosing instructions on the box.
- 2 For GLP-1s (Semaglutide & Tirzepatide), dose increases are often recommended after the first few weeks. However, if you're seeing results at your current dose, there's no need to increase.
- 3 Vials in powder form do not require refrigeration. Once reconstituted, they must be stored in the refrigerator.
- 4 Consistency is key for best results.
- 5 Unless otherwise noted, peptides should be taken in the morning.

## Note

If the vial looks like it has less liquid than you expected, don't worry! It's just concentrated, and the amount is exactly right.

# Check out these links

to make taking peptides & injecting a little \*easier\*

- ◆ [How and where to inject](#)
- ◆ [Giving self injections \(text version\)](#)
- ◆ [How to travel with your peptides](#)
- ◆ [How to get the most out of your peptides](#)
- ◆ [What you eat is as important as when you eat](#)
- ◆ [Sleep hacks](#)
- ◆ [Upcoming Events](#)



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