

revive

Stack Menu

Science-backed peptide protocols to help your body feel better, recover faster, and build long-term balance.



A Quick Guide Before You Begin

This menu is not a prescription, it's a starting point. It's a way to explore what's possible based on real-world results.

We've curated a list of stack combinations that work well together based on what we've seen again and again in real people: *energy loss, sleep disruption, metabolic resistance, mood changes, or burnout.*

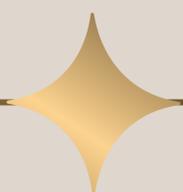
Some stacks are built for clear goals, like metabolism, sleep, or skin health. Others, like the **Foundational Stack**, are beneficial across the board and often serve as a base layer for any protocol. It supports systems that almost everyone benefits from inflammation, to gut repair, to cellular energy.

Every stack is customizable. You won't have to choose anything on your own. Our team will guide you through it and help you personalize your protocol.

We're not here to help you feel better for a month, only to watch those results fade.

Too often, peptides are used as a quick fix, but that's not what we're about.

We're here to build real change with you, rooted in consistency, personalization, and protocols that actually last.



Categories:



Root

Foundational repair: inflammation, gut, energy, baseline reset

→ [See Stacks](#)



Ignite

Strength, muscle, regeneration, and physical momentum

→ [See Stacks](#)



Growth

Metabolic activation, weight reset, fat burn, performance ignition

→ [See Stacks](#)



Bloom

Hormones, sleep, skin, clarity, and glow

→ [See Stacks](#)

Symbols that speak:



Troche



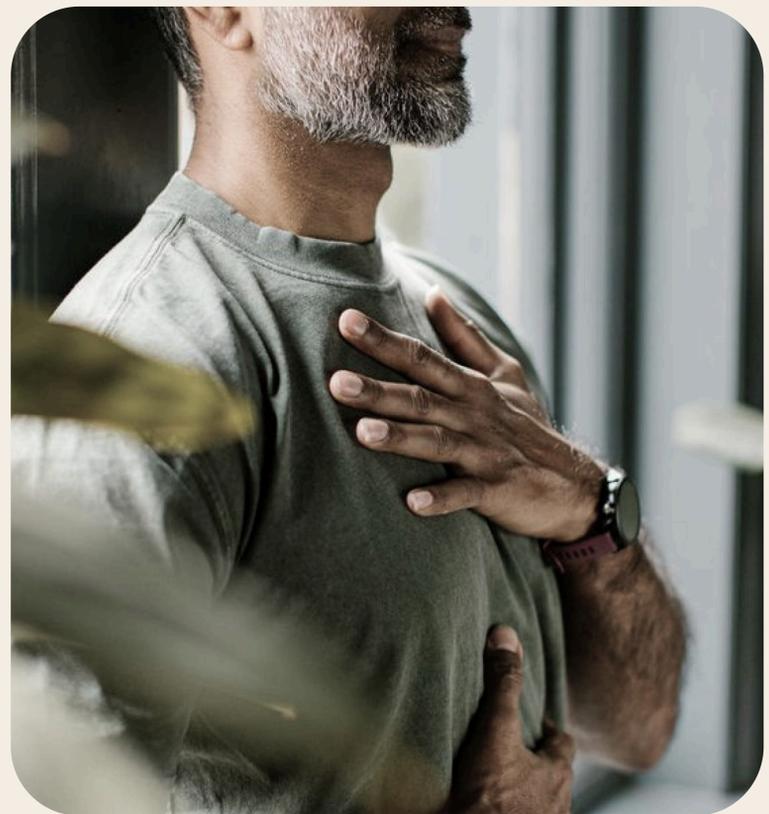
Injectable



Oral

Root

This is the soil. The place we begin when everything feels off. These stacks help calm the fire, restore your rhythm, and give your body the signal that it's safe to heal.



Root Reset (Her)

Green juice isn't enough. Let's rebuild energy, gut, and sanity from the root up.

"You're not crazy your chemistry's just off"



NAD+



BPC-157



Sermorelin

Root Reset (Him)

This is where focus, digestion, and fire get back in rhythm.

"You're not broken, just stuck in survival mode"



NAD+



BPC-157



CJC/
Ipamorelin



Ignite

The body's not stubborn. It's protective. These stacks help shake off the freeze and get your metabolism moving again without the crash, the shame, or the shortcuts.



Weight Reset

Let's stop blaming willpower and fix the chemistry.

"You're doing everything right, and nothing's budging"



GLP-1



LipoB



Tesamorelin / Ipamorelin



Body Cleanse

This stack is the cellular-level deep breath your body's been begging for.

"You're not bloated. You're inflamed, overstimulated, and tired of it"



Glutathione



LipoB



Retatrutide



Tesamorelin / Ipamorelin



Clean Burn

We're lighting your fire again, cleanly and sustainably.

"Your metabolism didn't ghost you. It just needs a better signal"



SS-31



SLU-PP-332



Tesamorelin / Ipamorelin



Deep Energy

This is your cellular recharge station, for real energy, not just adrenaline hits.

"If coffee's your personality now, let's talk"



SS-31



SLU-PP-332



NAD+

Growth

Once your roots are steady, it's time to grow. These stacks support strength that lasts, recovery that feels real, and the kind of resilience you carry in your body, not just your schedule.



Build + Sculpt (Her)

This is power, the kind that feels good in your skin.

*"We're not shrinking here, we're getting strong and unf*ckwithable"*



LipoB



Tesamorelin or Sermorelin with Ipamorelin



Muscle Build (Him)

This stack builds muscle and momentum.

"You lift. You move. But are you recovering?"



LipoB



IGF-1 or CJC / Ipamorelin



Grounded Reset

Whether it's stress, sickness, or life, this stack gets you back in your body.

"You're not burnt out, you're just overdue for a reboot"



SS-31



Thymosin Alpha 1



BPC-157

Bloom

This is where the light comes back on. These stacks help you feel rested, balanced, and more like yourself again from the inside out. We're not chasing glow. We're restoring it.



Hormone Reset

This is your hormonal grounding kit. Let's balance the broadcast.

"Mood swings, fatigue, fog, sound familiar?"



Tesamorelin/
Ipamorelin



Selank



Sermorelin



NAD+



Radiant Repair

Support your skin, hair, and tissue from the inside, where the magic starts.

"Your glow is an inside job"



BPC/TB/GHK-
Cu/KPV blend



Epitalon



GHK-Cu



Glutathione

Optional labs: GGT, oxidative stress, micronutrients



Mental Clarity

This is the focus-and-function formula your nervous system's craving.

"Your brain has 37 tabs open and one's playing music"



Semax



Selank



Optional:
Pinealon



True Sleep

Let's get you drool-on-the-pillow sleep and cellular restoration.

"You don't need more naps. You need real repair"



DSIP



Pinealon



Oxytocin or
CJC/Ipamorelin

Stack Boosters

These are your sidekicks. Add-ons that take your stack from solid to next level. They help you feel better, recover faster, and see results more clearly.



-  Appetite
-  Weight
-  Metabolism



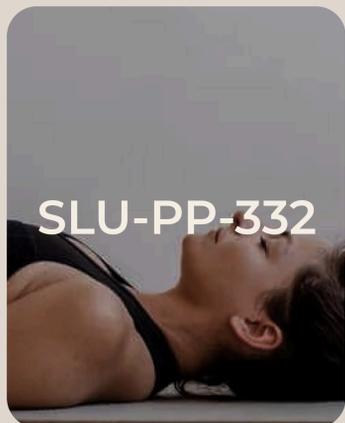
-  Fat burn
-  Energy
-  Cellular health



-  Immunity
-  Mood & Mind
-  Hormones



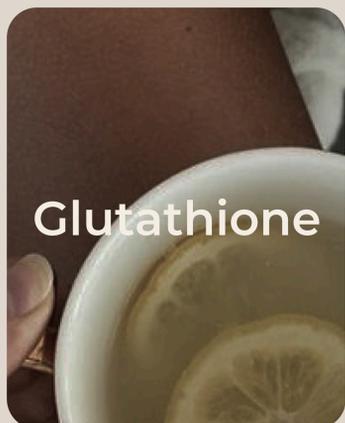
-  Libido
-  Drive
-  Focus



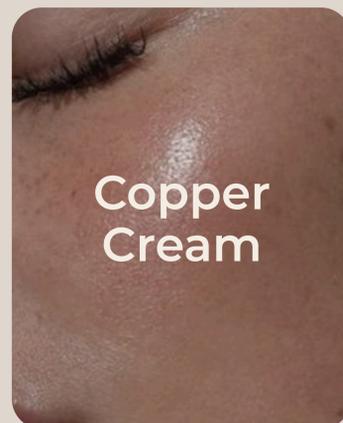
-  Brain
-  Calm
-  Cognition



-  Connection
-  Mood
-  Relaxation
-  Recovery & Glow



-  Detox
-  Repair
-  Longevity



-  Skin
-  Elasticity
-  Glow

Most boosters are used 1-3x/week and layered into your stack.

Ready to personalize it?

You don't need to figure out which stack is right for you on your own. This menu is simply here to show you what's possible. Once we connect, we'll help you shape a protocol that fits your body, your timeline, and your goals.

Nothing here is meant to overwhelm. Everything is meant to empower.

We're here to support you, not just for a season, but for real change, built over time, based on how you feel.

With love, always

Heather ✦ Team Revive



+1 (858) 480-9325



hello@revivewithme.com



revivewithme.com



Schedule Your Consultation